

# **Symbols And Their Use In Energy Work**

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## ***Symbols and Their Use in Energy Work***

A symbol is defined as: “one that represents something else by association, resemblance or convention, especially a material object representing something invisible.”

Therefore, a cross is a symbol of the Christian religion. A symbol can only be decoded if you have enough information or background. A cross might mean something totally different to someone who had never been exposed to Christianity.

Think about how hard it is to decode the petroglyphs left behind by ancient peoples like the Anasazi Indians. We don't know enough about their culture and beliefs to be sure what the symbols they left behind mean. Taken out of their original context, they don't communicate much.

Another important aspect of symbols is that they are not always purely objective in meaning. A stop sign is pretty objective. It just means to stop. But a swastika would be a deeply unpleasant symbol for someone who suffered at the hands of the Nazis. In other words, symbols can stir an emotional reaction in the beholder. Thus, they can affect that person in some way.

Symbols can also have an inherent vibrational frequency. When that is the case, they can have an effect on the environment. In some cases, that effect depends on who is observing the symbol and what their emotional state and background is.

In Modern Western Geomancy, we use symbols very frequently to balance and harmonize energies. The vibrational frequency of a symbol can neutralize or transform energies. We find them very helpful tools in space clearing and when working to clear energies in people and animals.

How do symbols work? Think of them as visual tuning forks that put out a resonant energy with a certain frequency or goal in mind. They resonate with that frequency, causing their environment to resonate with it.

So if you have a symbol designed to balance the energies in a location, it can transform detrimental energies to beneficial. If you have a symbol for helping change a behavior pattern in your dog, such as too much barking, it will help the dog become more tranquil and extinguish the unwanted behavior. (We did this with our dogs.)

To give you some idea of how these things work, this is what happened to Nigel once in the UK when he was working on clearing a home.

The home was owned by a novice dowser. Nigel found a line of energy going through a room and decided to use a symbol to neutralize it. He drew the symbol and told the owner where the line was. She was dowsing over it when Nigel went into an adjoining room to place the symbol behind a picture.

The dowser had no idea what he was doing and suddenly exclaimed, 'Oh! It's gone! The line's gone!'

Nigel took the symbol away and she said, 'Oh! It's back again! What's happening?'

Nigel showed her what he was doing and explained that what she had dowsed by herself was the effect that a symbol can have on energies.

Symbols are very powerful tools for transformation. But how does one 'make up' a symbol? We get asked that question often. Since we have been doing this work for quite a few years, we have a lot of practice using symbols. But it was not always quick and easy to come up with effective symbols.

I can remember when I first started using symbols. I would have to be in a quiet place. I would ask to see the symbol that would have the desired effect. I would try and draw it. Then I dowsed how complete it was. I would keep asking if I needed to add or subtract elements to it. Then dowse or use my intuition to find out what to add or subtract. Then dowse again. I kept that up until I dowsed the symbol was complete, or a 10 on a scale of 10 for effectiveness.

The process took me some minutes, and could be quite tedious at times. But as time went by, I got faster and faster, and now I can draw a symbol and it usually checks as complete on the first or second try. Some people might be able to start using symbols right away and find it easy to intuit them, but for me, it took time.

Dowsing is a very important tool for helping you use symbols. Not only can you check the effectiveness of the symbol you draw, you can use dowsing to determine where to put it or how to apply it. If you don't know how to dowse, it's easy to learn. [Here's a link to our book on learning to dowse.](#)

(Once you learn to dowse, you can have fun dowsing the energy associated with various symbols!)

How do you apply symbols? You can draw them on a piece of paper and carry them in your shoe or pocket. We even occasionally draw symbols on ourselves with eye liner pencil. It can be out of sight by on the body, and it lasts and can be drawn over again after your next shower.

When treating the environment with a symbol, you might dowse to determine the most efficient location to place it in for the desired results. Symbols do NOT have to be in plain sight. They can be put in a drawer, behind a picture frame or otherwise out of sight. This can be very helpful if you don't want to have to explain what it's for.

How long do symbols 'last'? It depends on the person who created the symbol and the situation it is being used in. A powerful symbol can continue to do its job for years, but that is not always the case.

There is a down side to symbols that continue to 'do their job' for many years. Things change. That is the nature of the world. And it isn't appropriate to lock a place into a particular energy forever. We have found places that had very old curses, spells or other energy work done on them that had prevented them from developing, blossoming or being used produc-

tively. The energy lasted long after the human who initiated it had passed on.

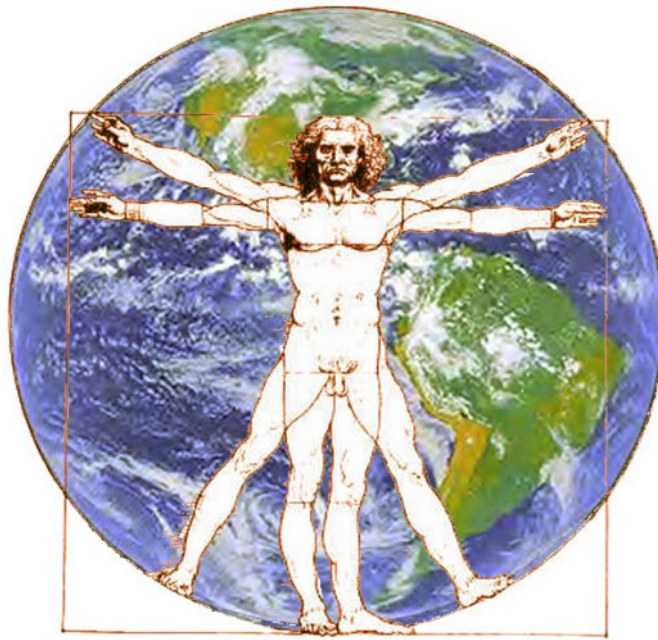
So as nice as it might seem to 'freeze' a type of energy in a location or person, that would not really be appropriate or healthy. It's good to acknowledge change and free will when doing energy work. Don't be afraid to go back and clear again. It is necessary, just like you do house cleaning regularly.

Symbols work on animals as well as on humans and locations. We have found it useful to draw a symbol on a piece of paper and tape it to a dog or cat's collar so that it may do its work. Usually, the paper will fall off when the job is done.

Of course, one benefit of using symbols is that they are free! It does take a level of belief to accept that symbols can make dramatic changes in energy, but once you have that belief, you can save yourself a lot of money, time and effort by using symbols to balance, harmonize and transform energy in your life.

We have self-help packages that have a symbol as part of the tool kit, and we also offer [downloads of symbols free at our website](#). So you can experiment with symbols inexpensively and see if they resonate with you.

As with anything, practice is a key element to using symbols successfully. Don't be discouraged if it seems hard at first. Be patient and persistent, and you will become a master at creating and using symbols to harmonize your life.



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