

A Simple Blessing Process

by Joey Korn

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Joey Korn is a colleague whose expertise is in environmental energies. He has developed a blessing process that allows you to bless others, food, objects, your home, anything. By using this blessing regularly with heartfelt intention, you can bring greater balance and harmony to your life.

Joey likes to point out that negative thoughts and emotions are 'anti-blessings'. If you replace anti-blessings with blessings, your life will improve.

Be sure to say the blessing with feeling. Don't just recite the words.

The 5 components of the Simple Blessing Process are:

1. Address the Divine in some way
2. Ask to be blessed or charged with energy
3. Make a statement of what you want to accomplish
4. Express gratitude
5. Close the blessing in some way

The first 3 parts make the blessing work. The next 2 are for you. Gratitude and trust in a Higher Power help make your blessing effective.

Here is an example:

Dear God (or however you address the Divine)
Please bless (or charge) me (or someone/something else) with energy
To bring healing and balance to my/his/her/its complete being
Physically, emotionally, mentally and spiritually
(Here is where you can add special intentions if you wish)
Thank you
Amen

Joey Korn's website is www.dowsers.com. He is based in Georgia and his email is: joey@dowsers.com.

We are pleased to count Joey as a friend and colleague. He may be seen in person at dowsing conferences throughout the US or one of his events. Visit his website for details. He is also the source we recommend for Celtic Sea Salt.