

Therapy for Boosting EM Field Strength

(From Maggie and Nigel Percy of Sixth Sense Consulting, Inc.)

The bioelectromagnetic (EM) field is vitally important in many ways to your health and well-being. The human body generates an electromagnetic field that not only protects the body from outside energies but also aids in the manifestation process. Your energy level, your health, your motivation and your ability to power your intentions are all affected by this phenomenon. Master Dowser Michele Fitzgerald pioneered the work in electromagnetic field strength and how it affects health and well-being. We have been working with clients since 2009 to share this important information and help people to raise their field strength. The purpose of this article is to help you identify your field strength and improve it using simple color therapy.

Most people we have tested are functioning at under 30% field strength. There are symptoms associated with the various EM levels below 40%. While they are not 100% applicable, we have found them to be accurate diagnostics for most people. Please note that since your EM field varies during the day at least 20%, you may experience more than one of these symptoms. If you are a dowser, you can dowse your average EM field strength over the past 7 or 30 days to get an idea of how strong it is.

Symptoms we have noted in our clients are:

- **Below 10%:** We call this 'crashed'. You will feel inexplicably exhausted, lacking in motivation, have trouble focusing on multiple things and feel like just escaping (doing whatever your favorite escape is). People who are crashed do not get good results from any type of therapy, energy or physical, and often feel stuck badly, overwhelmed and victimized. They find it impossible to manifest positive outcomes, but depressingly easy to manifest negative ones.
- **Between 11 and 20%:** If your EM field is in the teens, you will be able to limp along, getting things done, but you will feel you are going on raw will power, not energy. You won't feel competent, but you will be able to get some things done. When you are at this level, you are marginally more energetic than when your field is crashed.
- **Between 21 and 30%:** If you are in the 20s, you will feel competent to get things done. You won't be pushing, pushing, pushing. You won't have extra energy left over, though. To a lot of people, being in the 20s is feeling good. But life doesn't really start feeling good until you get into the 30s or above.
- **Between 31 and 40%:** This is where you begin to feel good. Most people will quit working on the EM field once they reach this level, as it feels so good compared to crashed. You have extra energy in this range, and you feel and act far better than many other people. But you still may not be able to easily manifest your goals. It helps to be averaging 45% or better if you want ease of positive manifestation. Remember, you can vary 20% during one day, so if you average 45%, you are probably above 35% most of the time. 35% is the number above which you tend to find it easier to manifest positive outcomes.

We advocate working on a regular basis to improve and strengthen your EM field. At the very least, get it solidly into the 30s. But the higher you get it, the better.

Warning: do not push your EM field too high, too fast. If your EM field goes up suddenly 20 points or more, you may feel the following symptoms:

- Unspecified anxiety, as if something isn't right
- A tightness in your chest
- A feeling of mild panic

If you have these feelings, it may be that your EM spiked. If so, don't worry, as it will decay on its own. Just relax and let it come back down. You are not in danger. You are merely out of your comfort zone.

Ways to Improve Your EM field strength: There are many simple ways to improve your field strength. Color therapy is the best free way we have found to quickly raise the EM field % to the 30% range. The other way we have found to be useful is using EM Boost essential oil blend.

Using EM Boost Oil: The EM Boost oil was formulated specifically for this purpose by colleagues of ours who use only therapeutic grade essential oils. Using it daily with the intention listed below in italics will quickly improve your EM Field in most cases. To buy the oil, visit <http://www.dragonflytraining.com> (scroll down to the products to find EM Boost oil.) Once you achieve an average of 30%, you may find other methods more effective in raising your field strength. We have found that using EFT (Emotional Freedom Technique) to clear core issues is very helpful in this regard.

Using color therapy: Color therapy is the most universally effective way of getting your field strength into the 30s. If done twice a day, it usually only takes 1-3 weeks to achieve this goal. For the few seconds it takes, it will repay you many times over.

The nature of the EM field is such that the strength will decay after doing the therapy. But if you do it twice daily for an extended period of time, the average will go up. You will be able to tell it is working, because you will feel more energetic.

Bear in mind that not all people respond equally well to color therapy. If you are finding yourself stuck in lower numbers, contact us so we can identify what your challenge is and help you overcome it. It should not take more than a few weeks to get into the 30s.

Color therapy may be done a number of ways.

- **You can wear color with intention**
- **You can look at color with intention**
- **You can carry a color with intention**

The intention is the main part of this exercise. Use your intention every time you do the color therapy. Here is an intention statement that works well for us: *Please repair, restore and strengthen my EM field to its highest appropriate level at this time.*

Note that we say 'appropriate'. You do not want to push your field too high, too fast.

What colors should you use? You will want to dowse what colors to use and how long to use them. Frequently there are two colors to be used. Often, after using the first colors, you need to dowse new ones. Usually two sets of colors will do the trick. The colors that seem to come up most often for people are: red, yellow, purple, blue, green, gold and silver. However, we have had the occasional client who dowses as needing another color.

Wearing the color with intention: Just dowse what color will best fulfill the statement of intention above and then wear that color. Set your intention each time you dress.

Looking at a color with intention: You can look at the color in your environment: in a picture, on a wall, whatever, while focusing on your intention statement. Look at the color with intention for 30-90 seconds twice a day for best results.

Carrying the color with intention: If you don't have clothing in the right color (or jewelry, for silver or gold), you can color a piece of paper and carry it in your pocket or shoe with intention. Do the intention each day for best results.

The nice thing is that your dowsing will show if this is working. To learn how to dowse, visit our website www.all-about-dowsing.com. I find looking at colors very easy, and for most people, it will raise the EM 4-7% each time you do it.

Bear in mind that your EM field immediately begins to drop after a rise, so doing the therapy daily is going to help push up the average.

Once you get into the 30% range and above, we suggest you work to clear core issues, as that will help you push higher. EFT is a great therapy for this purpose, but you can use any other therapy that works for you.

Being in the 40s and above really helps you avoid picking up the negativity that is rampant in the environment at this time. You will find it easier to stay positive and focus on your goals if your average is consistently above 45%. Thus, you will find it easier to manifest positive outcomes, as focus is so important in this regard. As is positive thinking and right action.

If you are having difficulties getting results using color and/or oil, then you are in the minority of people who have challenges that need other therapies. A session with us will identify what those therapies are. So don't settle for a low EM field. Act now to strengthen your field. Contact us for help at www.sixthsenseconsulting.com.

If you are a good dowser and have a clientele you work with, learning to do this work will help your clients. Michele Fitzgerald has a great audio course on this subject. For only \$35, you can learn to identify and repair most fundamental EM issues. [Find it at http://www.sedonaportal.com/RYS-1.htm](http://www.sedonaportal.com/RYS-1.htm)

This Color Therapy guide is one of the bonus materials in our product “The Ultimate Guide to Manifesting a Better You”, which can be purchased for \$24.95 at www.sixthsenseconsulting.com/products/better-you.html

About Maggie & Nigel Percy of Sixth Sense Consulting, Inc.

Maggie has a strong scientific background, having worked for many years at a NASA research facility as a researcher for the Advanced Aircraft Project. When health challenges threatened her lifestyle, Maggie turned to alternative healing and energy therapy to restore her health, which led to her interest in dowsing. Nigel taught History, Philosophy and computing at a college level in the U.K. for 10 years before deciding that dowsing and energy work was far more interesting and satisfying. He became a certified Spiritual Healer and managed an alternative health center.

Maggie & Nigel met through their mutual interest in dowsing and healing while corresponding online at the American Society of Dowsters email group. They combined their talents in 2000 to create Sixth Sense Consulting Inc. Over the years, their successful business has expanded through offering metaphysical consulting services and products to a worldwide audience via their websites. Their clientele is international and includes both human and animal clients. They have written numerous books and articles, and have spoken and taught at various conventions.

Nigel & Maggie's specialty is teaching people how to dowse accurately so they can change their lives for the better.

Free Materials and Services:

Visit www.all-about-dowsing.com. Use the two free forums to ask your questions and get answers. Download free dowsing charts or a free dowsing lesson. Check out our courses.

For more information on space clearing, visit www.professional-house-clearing.com.

Our hub site is www.sixthsenseconsulting.com.

Register at any site to receive the free monthly newsletter and get a free, in depth report.

Other Resources:

Visit www.sixthsenseconsulting.com or www.professional-house-clearing.com to see the full range of products available from Sixth Sense Consulting. New products are being added regularly.

Contact details:

For current contact details, visit www.sixthsenseconsulting.com.